

Mr. Dallmann's Update



When looking at the year 2020 it has definitely been the most trying year in education in my career. With that being said we have a lot to be thankful for at Rib Lake Elementary. We have amazing students and families that we get to work with every day. We have teachers that love their students and encourage each of them to do their best. We have volunteers that help provide opportunities like the Reindeer shop to spread holiday cheer! Rib Lake Elementary is a great place to be. Happy holidays!!!

Upcoming Events:

Dec 3 & 4	Vision Screening
	Picture Retake Day
Dec 10 Schoo	bl Board Meeting @ 6:30 p.m.
Dec 15 & 16	Reindeer Shop
: Dec 17	Christmas Caroling
Dec 23 - Jan 3	NO SCHOOL
Jan 4	School Resume
	School Meeting @ 6:30 p.m.
Jan 20	End of Qtr 2.

Student Absences

Covid, cold & flu season are upon us!!! Sadly, with that, your student may not be able to attend school because he/she is not feeling well. Please remember to call the school at 715.427.5818 before 9 a.m. and let us know that your child will be out of school. Without a note or phone call, your child will be marked unexcused for that day. Thank You :)



Chilly Weather Reminder

As the temperatures continue to drop, please be reminded that students are to bring appropriate outdoor clothing. School policy is that children will be going outside for recess as long as the temperature is 5 degrees or warmer for PreK - 2nd grade and 0 degrees or warmer for 3rd - 5th grade.

Please put your child's name on their clothing - that will help us find the right owner for the items that are brought to the lost and found table. Thank you :)

<u>SchoolStore.com</u>



With Christmas fast approaching, we would like to remind you about our online fundraiser that runs year-long. If you plan on doing your shopping online, please go to <u>schoolstore.com</u> (click the link above). There are all of your favorite stores to shop including Kohls, Under Armour, Walmart, Sears, Old Navy, and Target! With over 350 nationally-known online merchants, you are sure to find the perfect gift AND a percentage of your purchase is donated back to the school.

Thank You!

To Stepping Stones for the wonderful donation of clothing.

To the wonderful ladies for the hand made winter hats and mittens.

To the Thrivent Action Team and Ruth and Herb Scheithauer for providing a generous and YUMMY lunch to RLSD Staff!

To ALL who donated to the RLES Reindeer Shop for the children!

ANNOUNCEMENTS:

Holiday concerts are something that Rib Lake Students take pride in and are a wonderful opportunity for families and the community to enjoy the hard work our students have accomplished in music classes. In an effort to help ensure the safety for all, Rib Lake School District is NOT able to host Christmas concerts this year. Students continue to grow in music, and we look forward to a time when we can gather to celebrate and enjoy our talented students' accomplishments in the future. We want to wish all a safe and happy holiday season.



GOOD VIBES ONLY

A shout out-and good vibes- to our favorite Mrs. Schafer who has been declared **cancer-free** after a hard battle! She proudly rang the bell to signify the end of her treatment with "a body healed, a spirit renewed, and a new hope for a brighter tomorrow"! We are so proud of you, Mrs. Schafer. You are an inspiration to many!





Happy December!

By this time of year we have usually had a chance to connect about reading and ways to support your child's education at home during our Fall Family Reading Night. Although things are different this year, we want to continue providing practical resources and tips you can implement to help your child connect their learning from school into your home. Check out the Title I Reading Corner each month for ideas on how to make this connection happen.

Retelling can Improve your Child's Reading Comprehension

You've just finished reading a story with your child. One of the best ways to check and clarify her understanding of the story to ask her to retell it.

Retelling a story requires your child to think about the details and decide what's really important.

Give your child these three rules for retelling a story:]

- 1. Tell what's important
- 2. Tell it in a way that makes sense.
- 3. Don't tell too much.

Your child should be able to tell you what happens at the beginning, the middle, and the end of the story. She should also be able to name the main characters.

You can prompt your child by asking open-ended questions, such as,

"What happened next?" It's OK if she doesn't remember all the details. That gives you a chance to say, "Let's go back and look at that part of the story again." Revisiting parts of the story will show your child that she sometimes has to read things more than once to gain a thorough understanding.

Studies show that this simple activity will help your child become a more thoughtful reader. She will start to pay attention to words whose meanings she doesn't know. She will focus on the story structure and pay more attention to important details. All of these things will improve your child's reading comprehension and make her a stronger reader--and a more successful student!

Source: B. Taylor and J. Ysseldyke, *Effective Instruction for Struggling Readers: K-6*, Teachers College Press.



Check out some fun activities you can do together with your child this January! January Activity Calendar



2nd Grade Writers Boot Camp

Congratulations to the second grade class on graduating from Writing Boot Camp!!

They worked their way through the writing process and are ready to soar in writing this year! Ms. Daniel and Mrs. Wiitala are extremely proud of these writing soldiers.







District School Nurse Update

Have a Happy, Healthy Holiday

The carols are playing on the radio... "It's beginning to look a lot like Christmas..." Holiday decorations are popping up everywhere. The stores are full of Christmas deals. My grandkids are circling every toy in the catalogs! It's such an exciting time for most people!

And yet -- things are different this year because of the COVID pandemic. We wish we were getting ready for the school Christmas concerts. We wish we could plan on caroling with our friends and family. We wish we could all get together to make Christmas cookies. So much of what we enjoy about this time of year won't be happening.

You may have to make difficult decisions about not getting together with family and friends. And yet, while protecting our elderly loved ones and other family, we're isolating them from those they love. These are such difficult decisions!

This holiday season you have to do what is best for you and your family. Take the precautions that will allow you to have a holiday that isn't filled with sickness and quarantines.

What we know about COVID-19:

It is very contagious.

Symptoms are different even from one family member to another.

Staying at least 6 feet away from others who do not live with you can decrease the chance of spread.

Washing your hands with soap and water for at least 20 seconds and/or using hand sanitizer (60%) is important to cut down on the spread of illness.

Wearing a mask with two or more layers may help prevent respiratory droplets containing the virus spread to those around you.

What are healthy ways to cope with the stress of COVID-19?

Know what to do if you are sick and are concerned about COVID-19. Contact a health professional before you start any self-treatment for COVID-19.

Know where and how to get treatment and other support services and resources, including counseling or therapy (in person or through telehealth services).

Take care of your emotional health. This will help you think clearly and react to the urgent needs to protect yourself and your family.

Take breaks from watching, reading, or listening to news stories, including those on social media. Hearing about the pandemic repeatedly can be upsetting.

Take care of your body.

Take deep breaths, stretch, or meditate

Try to eat healthy, well-balanced meals.

Exercise regularly -- take a walk, etc.

Get plenty of sleep.

Avoid excessive alcohol and drug use.

Make time to unwind. Try to do some other activities you enjoy.

Connect with others. Talk with people you trust about your concerns and how you are feeling.

Connect with your community - or faith-based organizations. While social distancing measures are in place, consider connecting online, through social media, or by phone or mail.

Perhaps the best gift you can give yourself and your family this holiday season is to take precautions to protect yourselves from getting sick. Be informed. Don't let fear overtake you. Use the holiday time to make new traditions and enjoy your time together as a family.

If you have questions, please contact Judy LeMaster, RN, BSN -- District School Nurse at jlemaster@riblake.k12.wi.us or calling 715-427-3222 x.3250.















